

GOD, grant me the **Serenity** to accept the things I cannot change,

Courage to change the things I can and

Wisdom to know the difference.

Living one day at a time,

Enjoying one moment at a time, **Accepting** hardships as a pathway to peace taking as **HE** did, this sinful world **as it is**, not as I would have it.

Rev. Reinhold Niebuhr
1892-1971

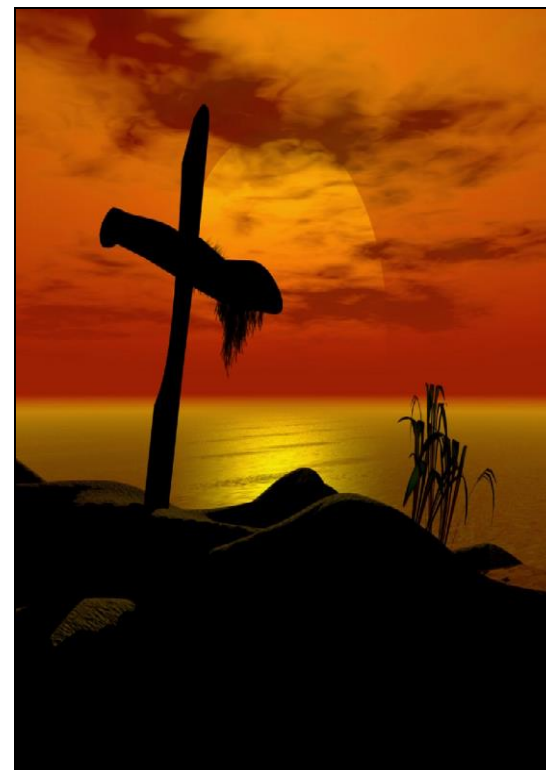
The Salvation Army is a Christian organization whose core values come from the Bible. Your participation in our belief system is not required. Our purpose is to help you prepare yourself for independent living after your time in New Frontiers is finished.

Amenities

- Friendly helpful staff that are there for you 24.7.365.
- Three meals daily served cafeteria style
- Nutritious bag lunches available for parolees who are working or have appointments over meal times.
- Modern lounge with big screen television and kitchenette.
- Close to downtown, Midtown Mall and easy to access to Saskatoon public transit services and the parole office.
- We are only blocks away from the beautiful Meewasin Valley, the recently redesigned River Landing, Riversdale pool and the Saskatoon Farmer's Market.
- Walking distance to Gordie Howe Bowl, home of the Canadian champion Saskatoon Hilltops.
- Electrified parking spots in a secure and monitored parking lot.
- Access to internet.
- Free cable and provided television in each room.
- Large DVD/Movie library available to parolees.
- Scheduled recreational activities (movies, sporting events) facilitated and hosted by our chaplain.
- Complementary gym passes to the YMCA.
- Close to a variety of educational institutions.

Others Have Said:

"If you are serious, so is all the support staff at the Salvation Army. If you've got a residency order the Salvation Army is your best bet...awesome support!"



The Salvation Army Community Services
(Saskatoon)

New Frontiers Community Residential
Facility
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Giving Hope Today

Philosophy:

Our concept agrees with The Salvation Army Founder William Booth who believed in “Soup, Soap then Salvation.” The total person must be reached at the moral, physical, psychological, social and spiritual level. Therefore all the programming we offer is aimed at the total person. The ends for which we strive are for the clients to develop an individual program aimed at their own reintegration into the community. Only when the effort comes from the individual will his reintegration efforts be effective over the long term.

Admission Criteria:

Our residential program accepts adult males with or without chemical dependency issues who are motivated to change. Applicants must be prepared to live within the rules and regulations of our Centre. The Program material available is described in the next column. There is also a service element to living in our Halfway House which consists of doing house chores and attending programming in the community to address outstanding issues when necessary and as designated by CSC Parole.

Counseling Sessions:

Counseling for a great many issues is available to all clients on a one-to-one basis. Lifestyle change sessions are conducted on a one to one basis or in group sessions when required.

Programming Currently Available:

The following programming is available upon request. They are conducted on an In or Outpatient basis through one to one appointments

- Chemical Dependency issues
- 12-Step Recovery (A Spiritual Journey)
- Grief Recovery
- Life Management – Overall Recovery Material
- The Con Game – Freedom from Playing the Game
- Values for Responsible Living – Developing New Values
- Thinking Errors – the Dynamics of Change
- Breaking Free – Thinking Outside The Box
- Change Plan – Stages of Change
- Budgeting
- Narcotics Anonymous
- Spirituality
- Community Re-integration
- Gambling Addiction
- Art Therapy Classes
- First Steps Residential Program
- Relationships
- Relapse Prevention Group meetings in the evenings

Full time casework staff are here to help you secure housing; access needed services and assist you during your time at the Salvation Army.

Referral:

Residents of the halfway house come through the Correctional Services of Canada and Saskatchewan Provincial Justice departments.

When necessary we make referrals to other professionals in the community.

Spiritual Life:

Pastoral Care and Spiritual Support are available to all clients.

Coffeehouse Friday and Sunday evenings as well as Chapel service Sunday mornings. Attendance is **not** mandatory. They are, however, open to all residents of this Centre and the community.

Weekly support meetings and NA in- house meetings.

Pastoral Counseling is available on a daily basis. Weekly Bible studies are available within the Centre upon request.

Types of Housing Services Available:

Short Term Residency: one day – three months.

Long Term Residency: three months to more than two years.

Transitional Housing: is available to parolees to help locate housing of their own. We also offer housing for parolees past full parole or warrant expiry if needed.

Halfway Back Housing: an alternative to suspension.

For tours, information or presentations please contact:

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